



HEALTHCARE MANAGEMENT TRUST

Unit 1 Langdon House, Langdon Road, Swansea SA1 8QY
Telephone: 020 7222 1177 Email: admin@hmt-uk.org
www.hmt-uk.org

Job Title	Aesthetic Nurse Specialist
Department	Outpatients
Reports to (job title)	
Direct and Indirect Reports	
Job Grade	

Who we are

At the Healthcare Management Trust, we are obsessed with achieving our **Vision**, *“to be the most innovative and best quality provider of niche health and social care services.”*

Our **Purpose** is, *“to make every contact count, ensuring every resident and patient receives the best possible experience and outcome.*

We aim to provide services which value collaboration and place our residents, patients and people at the heart of all we do. We will always do the right thing for our residents, patients and people.

We will be outwardly connected to the most innovative practices and service offerings in the market. We will do things differently and will be bold with our ambition to change things for the better.

We are passionate about what we do and so are our people. Bringing their most authentic selves to work and seeking joy and fun in what we do.

We will deliver care and clinical interactions compassionately and tailor them to individual needs.”

We achieve this by living our business **Values** each and every day:

- We are **caring**
- We are **enterprising**
- We are **resourceful**
- We are **authentic**
- We are **accountable**

As a result, we are able to give back to the people and communities we serve by delivering on our **Charitable Mission** to, *“Provide quality and innovative care solutions to those with complex needs within marginalized community settings.”*



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What you'll be doing (your job purpose)

To deliver high-quality, safe, and effective non-surgical cosmetic treatments while providing comprehensive pre- and post-operative care to patients undergoing plastic surgery. You will play a key role in ensuring outstanding patient outcomes, maintaining clinical excellence, and supporting the multidisciplinary team within a private hospital setting. This role offers the opportunity to work within a high-quality private hospital environment, delivering premium patient care and contributing to excellence in aesthetic and surgical services.

Your key accountabilities and responsibilities

1.	Provide advanced non-surgical aesthetic treatments in line with best practice and clinical protocols.
2.	Deliver exceptional patient care throughout the aesthetic journey, ensuring safety and satisfaction.
3.	Conduct detailed patient consultations, assessments, and suitability evaluations.
4.	Develop personalised treatment plans tailored to individual patient needs.
5.	Deliver pre-operative education and preparation for plastic surgery patients.
6.	Provide post-operative care, monitoring recovery and managing complications where appropriate.
7.	Ensure accurate and timely clinical documentation for all patient interactions.
8.	Maintain infection prevention and control standards at all times.
9.	Administer treatments such as injectables, skin therapies (as qualified).
10.	Monitor and evaluate treatment outcomes, adjusting care plans as necessary.
11.	Recognise and respond promptly to adverse reactions or complications.
12.	Provide clear aftercare advice and ongoing patient support.
13.	Build strong therapeutic relationships with patients, ensuring a high standard of communication.
14.	Uphold high standards of patient confidentiality, ethics, and professional practice.

Choose an item.



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15.	Support surgical teams with perioperative care and patient management.
16.	Maintain clinical environments, equipment, and stock to ensure safe and effective service delivery.
17.	Follow hospital policies, regulatory requirements, and medicines management standards.
18.	Contribute to audits, risk management, and continuous quality improvement.
19.	Support team development, including mentoring junior staff.
20.	Engage in ongoing professional development and stay current with best practices.
21.	Collaborate with multidisciplinary teams and external services.
22.	Provide patient education, manage expectations, and offer emotional support.
23.	Contribute to service development, patient engagement, and overall patient satisfaction.
24.	Ensure compliance with governance standards (including safeguarding and regulatory bodies).
25.	Promote equality, diversity, and inclusion in care delivery.
26.	Maintain accurate documentation, reporting, and professional registration requirements.

Your knowledge, skills and experience

Minimum 5 years' experience in aesthetic nursing or related field	Essential
Proven experience delivering non-surgical cosmetic treatments	Essential
Strong clinical assessment and decision-making skills	Essential
Excellent communication and interpersonal skills	Essential
High level of attention to detail and patient safety awareness	Essential
Ability to work independently and as part of a multidisciplinary team	Essential
Strong organisational and time management skills	Essential
Knowledge of infection control and clinical governance standards	Essential
Experience in pre- and post-operative plastic surgery care	Desirable
Experience working in a private hospital or clinic setting	Desirable
Experience with advanced aesthetic technologies (e.g. skin devices)	Desirable
Teaching, mentoring, or leadership experience	Desirable

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Your training and qualifications	
Registered Nurse (NMC registered)	Essential
Recognised qualification in aesthetic treatments (e.g. injectables, skin therapies)	Essential
Evidence of continuous professional development (CPD)	Essential
Advanced certification in aesthetic or cosmetic procedures	Desirable
Qualification in laser or energy-based device treatments	Desirable
Postgraduate qualification in a relevant clinical field	Desirable

The way we do things at HMT (our Behaviours)
<i>*See Appendix 1 attached</i>

This job description provides an outline of the role, detailing the main responsibilities and tasks the post holder may be required to undertake. It is not exhaustive, and the post holder may be required to carry out other duties as reasonably requested. The job description may also be updated from time to time to reflect the changing needs of the business

All staff are required to comply with the organisation's policies, procedures, and standards at all times, participating in mandatory and role-specific training, supervision, and appraisal processes. They are expected to uphold a professional approach to work, demonstrating respect, integrity, and accountability in all interactions, and to contribute to a safe environment for patients, residents, colleagues, and visitors in line with Health & Safety regulations. Staff have a duty to safeguard and promote the welfare of vulnerable adults and children, raise concerns in accordance with statutory and organisational procedures, and support the principles of Equality, Diversity, and Inclusion. Confidentiality must be maintained at all times, and information handled in accordance with GDPR and organisational requirements.

Staff are also expected to be flexible, undertaking other reasonable duties within their competence to meet the needs of the service, and to contribute to continuous improvement by engaging positively with feedback and change initiatives. The wellbeing and dignity of patients and residents should remain central to all aspects of work, with staff demonstrating commitment to professional standards and the overall goals of the organisation.

Team members will be expected to carry out their duties in line with their terms and conditions and contract of employment, the standards stated in the employee handbook and Health & Safety guidelines and will be required to follow HMT policies and procedures.

I have received a copy of this Job Description; read it, understood it and agreed to it.

Signed.....

Date.....

Job Holder

Choose an item.



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